



HUE UNIVERSITY OF MEDICINE AND PHARMACY

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Approval number: H2026/936

July 16th, 2026

Dr. Nguyen Minh Hanh

Hue University of Medicine and Pharmacy, Vietnam

Subject: Approval of the study: “Implementation research on a mindfulness-based stress reduction (MBSR) intervention for women with breast and gynecological cancers in Central Vietnam”.

The Institutional Ethics Committee for Biomedical Research of Hue University of Medicine and Pharmacy has reviewed and approved the following study:

Study title: ***Implementation research on a mindfulness-based stress reduction (MBSR) intervention for women with breast and gynecological cancers in Central Vietnam.***

Investigator: Dr. Nguyen Minh Hanh, Hue University of Medicine and Pharmacy

Advisors:

Dr. Dang Thi Anh Thu, MD, MPH, PhD, Dean, Faculty of Public Health, Hue University of Medicine and Pharmacy

Assoc. Prof. Pham Nguyen Tuong, MD, PhD, Deputy Director of the Oncology Center, Hue Central Hospital; Vice Head of the Department of Oncology, Hue University of Medicine and Pharmacy

This project is approved for the research period from **30 July 2026 to 30 July 2028.**

It is your responsibility to ensure that all people associated with the study are made aware of what has been actually approved.

Please note that the following conditions apply to your approval. Failure to abide by these conditions may result in suspension or discontinuation of approval and/or disciplinary action.

a. Limit of Approval: Approval is limited strictly to the study as submitted in your application.

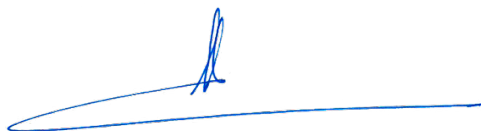
b. All procedures within this study must follow what have been submitted in your ethics application.

c. Approval is for the above mentioned period. Research must be renewed (if needed) until it is complete.

Yours sincerely,

**Institutional Ethics Committee for Biomedical Research of Hue University of Medicine
and Pharmacy**

CHAIR



A/Prof. HOANG BUI BAO

SECRETARY



A/Prof. NGUYEN THANH THAO